8th Fighter Wing, Kunsan Air Base, Republic of Korea June 6, 2003



Wolf Pack **Sports** Day —

May Fitness Month concludes with a day of sports action.

See page 10

News Briefs

Traffic management closes

The traffic management flight — traffic management office, Passenger Terminal, household goods and freight inbound-outbound — is closed today from 3:30 p.m. to 5 p.m. The flight re-opens 8 a.m. Monday.

Airman convicted in arson case

Senior Airman Jeffrey Beagle was sentenced to five years confinement, reduction to airman basic, total for-feiture of all pay and allowances, and a dishonorable discharge for destroying a \$1.77 million vehicle maintenance building at Osan Air Base March 16. Beagle was also convicted and sentenced for fraudulently writing more than \$5,000 worth of bad checks to the Army and Air Force Exchange Service in October and November, and for being absent without leave for two days immediately after the March fire. He has been held in pretrial confinement at nearby Camp Humphreys since authorities apprehended him two days after the arson.



Academy graduates 45th class As parade caps flew and the Thunderbirds soared overhead, the

Air Force Academy Class of 2003 added 974 names to the 45th list of academy alumni at graduation ceremonies at the Air Force Academy, Colo., May 28. Guest speakers were Secretary of the Air Force Dr. James Roche and Air Force Chief of Staff Gen. John Jumper.



Guard opens Baghdad facility

The 379th Expeditionary Aeromedical Evacuation Squadron has opened a 10bed mobile medical staging facility near the military flightline at Baghdad International Airport. Facility workers there conduct joint service, coalition and civilian air evacuation missions.



CELEBRATION OF CULTURE: Children from Okpong elementary school perform Bu-chae-chum, a traditional Korean dance, during the Asian-Pacific American Heritage Month Luau at the pool here Saturday. Wolf Pack members who attended were treated to traditional cuisine and martial arts demonstrations. See more, Page 9.

Work continues at Osan crash site

OSAN AIR BASE, South Korea Base workers labored throughout the night surveying debris from the F-16 Fighting Falcon that crashed near a gate at approximately 8 p.m. May 29.

A pilot from the 36th Fighter Squadron was taking off on a training mission in the F-16 when the crash occurred. The aircraft was carrying inert bombs and a captive training missile when it crashed. The pilot safely ejected from the aircraft and landed approximately 300 yards from the impact site.

An airfield manager on the runway was the first to reach the downed pilot. The pilot was taken to the 51st Medical Group emergency room where he was treated for minor arm bruises and released.

No facilities were damaged. A car and static displays of an F-86 Sabre and F-4 Phantom received minor damage. Base emergency response teams extinguished two small fires resulting from the crash.

On-scene workers retrieved the aircraft's flight data recorder.

Even in bad news, good news arises, according to Col. Paul White, 51st Operations Group commander.

'In light of the crash and loss of aircraft, it's a success for the life-support and survival-equipment shops," he said. "At low altitude and high speed, the equipment worked as it is designed to, [helping the pilot survive]."



Photo by Tech. Sat. Alex Lloyd

CRASH SITE: Remnants of the Air Force F-16 Fighting Falcon lay scattered around aircraft static displays of an F-86 Sabre and F-4 Phantom near the base entrance. A pilot from the 36th Fighter Squadron was taking off on a training mission in the F-16 when the crash occurred May 29.

According to base officials, each pilot within Pacific Air Forces receives annual training on the ejection seat and lifesupport equipment.

The pilots are taught on what to do after exiting the aircraft and man-seat separation occurs to improve their chances to survive," said Master Sgt. Christopher Moore, 36th Fighter Squadron life-support section superintendent

Moore said pilots go through training in a mock-up where they hang on a parachute harness and go through procedures to land safely.

"The swift actions of the pilot prevented any loss of life and minimized damage to base property," said Col. Gregg Sanders, 51st Fighter Wing vice commander.

— Courtesy Air Force Print News

Family Ties: The importance of keeping in touch Action Line

By Maj. Patrick Kennedy 8th Logistics Readiness Squadron

"You have been selected as the next commander of the 8th Transportation Squadron ... at Kunsan." Those fateful words spoken to me by my commander more than a year ago hit me like a ton of bricks.

The pause between 8th TRANS and Kunsan gave my brain time to start doing the mental gymnastics to decipher the eighth with Kunsan. I was going to be a squadron commander, but Kunsan meant I would do that without my family at my

Were we ready for this? The excitement for my good fortune was tempered by the thought of spending a year apart from the most important people in my life.

Military service is all about balance balancing our ever-increasing career demands with fitness, education, leisure, spirituality, and family. Some people are better at the balancing act than others.

I've also heard it compared to juggling where all but the family ball will bounce back when dropped. The family ball is much more fragile and may shatter when dropped.

A sad testament to shattered military families comes in the form of statistics. The current national divorce rate is around 49 percent while the military segment of the population pushes the numbers to 58 to 64 percent [depending on

" Our challenges are great but not insurmountable. Everyone's challenge is to work hard to keep the Air Force family, whose base stands on the individual families, strong and together."

> Maj. Patrick Kennedy 8th Logistics Readiness Squadron commander

the research study]. The adage of "Recruit the member, retain the family" doesn't seem to ring true.

Your time alone here is actually great because the absence of families allows us the freedom to focus on the Wolf Pack mission guilt-free. You can concentrate on being the best airmen possible without taking time away from the daily activities of life as a spouse and parent. Kunsan has much to offer for professional and personal development, but don't let your tour give you tunnel vision and ignore the needs of your family relationship.

I know one person who is on his seventh year of unaccompanied tour time and another that has never before been separated from his spouse for more than a weekend. Most civilians can't fathom the family sacrifices we willingly make in the military. Keeping families intact is tough enough but add in long-term separation and that sends many into tailspins. Our challenges are great but not insur-

Everyone's challenge is to work hard to keep the Air Force family, whose base stands on the individual families, strong and together.

Use the technology that's available to maintain the family connection: e-mail, video cams, calling cards, morale calls, and even snail mail. Don't skip a trip home for your mid-tour. Wolf Pack members tend to work extremely hard during their year here but keeping in touch and more importantly, connected, with your family is easy to do.

As my tour comes to a close, I'm leaving here extremely happy. I've kept the bouncing balls to a minimum and the most important one is still intact. It was a struggle, and the family ball may be bruised but it's stronger. My family was with me before the Air Force and God willing — with hard work on our part — will be with me for decades into retirement. Please don't let military priorities push your family out of the top





Col. Robin Rand Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can't be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number where you can be reached and a brief description of your problem or concern. You can also send an e-mail to action.line@kunsan.af.mil.

AAFES Customer Service	. 782-4426
Area Defense Council	782-4848
Base Exchange	782-4520
Chapel	782-4300
CES Customer Service	782-5318
Commissary manager	782-4144
Education Office	. 782-5148
Dining Hall	782-5160
Fitness Center	782-4026
Golf Course	782-5435
Housing Office	782-4088
Inspector General	782-4850
IDEA Office	782-4020
Law Enforcement Desk	782-4944
Legal Assistance	782-4283
Military Equal Opportunity	782-4055
Military Pay	782-5574
Military Personnel Flight	782-5276
Medical Patient Advocate	782-4014
Network Control Center	782-2666
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Wolf addresses MEO concerns

By Col. Robin Rand 8th Fighter Wing

Respect for human dignity and equal opportunity are central to the cohesion of our fighting force at Kunsan Air Base. No member of the Wolf Pack should be deprived of his or her right to develop maximum potential because of someone else's harmful actions. As your commander, I simply will not tolerate any form of unlawful discrimination or sexual harassment.

All service members and civilian employees have a responsibility to take swift, fair and appropriate actions to address unlawful discrimina tion and sexual harassment. Failure to do so could jeopardize our health, welfare and ability to perform the mis-

"As your installation commander, I simply will not tolerate any form of unlawful discrimination or sexual harassment."

> - Col. Robin Rand 8th Fighter Wing Commander

I expect leaders at all levels to actively educate, prevent, detect and resolve problems before they adversely affect our mission readiness and human relations climate. Everyone has a role to look out for one another and help make our base a model for the Department of Defense and the world.

nity questions and concerns to your supervisor, first sergeant, commander or our military equal opportunity staff at 782-4053.

Air Force goal is zero fatalities this summer

By Gen. John Handy Air Mobility Command commander and U.S. Transportation Command

SCOTT AIR FORCE **BASE, Ill.** — Memorial Day weekend marked the beginning of the "101

Critical Days of Summer." Our focus during this historically hazardous period must be united, personal, and direct. Each member is a shareholder in providing a safe and healthful environment both on and off duty. Each commander, supervisor, and worker must be responsible for creating a passion for mishap avoidance.

The Air Force has never achieved zero mishaps during this critical mishap period. However, a zero fatality rate is attainable. Let's do our share to break this paradigm by doing things right.

A commander should never have to tell anyone, "don't drink and drive." Willful and neglectful attitudes have no place in today's world of zero tolerance for drunk driving.

With today's laws and safety education, no one should die because they failed to wear a seatbelt or motorcycle helmet. Seatbelt and helmet use is mandatory as a first-line of defense against reckless, drunk, drugged, or fatigued drivers. Bottom line: "You are empowered to do things safely and right," even when no one is watching.

Look at our recent success in the war on terrorism. The same mindset of success can be just as effective with this summer's safety campaign. Let's celebrate our success and survive the summer!

Community Standards

Smoking is prohibited in all governmentowned vehicles and government rented, leased, or contracted vehicles. Air Force Instruction 40-102, Tobacco use in the Air Force, further outlines smoking in dormitory and housing facilities. Smoking is prohibited in all buildings and facilities except as follows:

- ◆ All permanent party dormitories. However, smoking is prohibited in all indoor common use areas. Commanders will ensure non-smokers are assigned to dormitory rooms with other non-smokers.
- ◆ The front entrances to the Loring Club are not smoking areas, and the decorative ash receptacles are present to allow smokers to put out their cigarettes or cigars prior to entering the club
- ◆ Commanders will designate outside smoking areas for their work centers. These designated areas will not be located near entrances to any facility. When possible, designate smoking areas that provide some protection from the elements.
- ◆ No smoking while walking or riding a bicycle in uniform.



WOLF PACK

Vol. 18, No. 20

Defend the base

Accept follow-on forces

Take the fight North

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Senior Airman Andrew Svoboda Staff Writer authorized publication for members of the Force or contorm to Air authorized publication for members of the Force journalism standards, local style, and U.S. military services overseas. Contents of the WOLF PACK WARRIOR are not necessarily the official view of, or endorsed by, the U.S. Government, the Department of the Air Force.

Tight to ded tail submissions to contorm to Air authorized publication for the Air available publication space. Submissions should be e-mailed to wolfpackwarrior@ kunsan.af.mil and include the author's name, the Department of the Air Force.

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PACK WARRIOR is 4 p.m. Thursdays for the next week's edition. Submission does not 4705, by e-mail at wolfpackwe guarantee publication. The staff reserves the af.mil, or by fax at 782-7568.

This funded Air Force newspaper is an right to edit all submissions to conform to Air

Contact Us

People with questions, comments, sug-gestions or submissions can contact the public affairs office at: 8th FW/PA PSC 2 Box 2090 APO AP 96264-2090

We can also be reached by phone at 782

Unit 35th FS 80th FS 380 34 752 8th FW 68

Monthly Sortie Goals



Wolf Pack Radio 88.5 FM

Weekdays — 5 to 10 a.m. Request songs at 782-4373 or www.afnkorea.com

Kunsan receives WRM training



Photo by Staff Sqt. Robert Wollenberg

UNDER WRAPS: O, Hyong Hwa, Kumbo Corp. mechanic leader, shrink wraps a vehicle with a large gas torch May 30.

By Staff Sgt. Robert Wollenberg 8th Fighter Wing Public Affairs

Pacific Air Forces implemented a new deep storage program in April designed to stop vehicles from corroding or rusting and keeping them mission ready.

Tech. Sgt. Limweshe Wright, 7th Air Force vehicle maintenance superintendent, and Master Sgt. Michael Phillips, who is replacing Wright, visited Kunsan to train 15 Korean workers who will be conducting the vehicle wraps here. Training was conducted over a two-day period at the War Reserve Materiel Vehicle Maintenance Shop. The vehicles will be stored in building 967 for the next three

This program, which began testing in 1996, will cost an estimated \$1.8 million the first year and \$350,000 each year for three following years according to Wright.

"This program is designed to keep vehicles ready for wartime use by adding preservative to the fluids and wrapping the vehicle in plastic," said Wright. "Once wrapped, the vehicles won't require any mechanical work for at least three years. They won't require driving to keep fluids in shape either."

According to Wright, the preservative forms

a molecular bond around the moving parts and keeps them from rusting or corroding. Once the vehicle is wrapped, it's heated, causing the wrap to shrink and form to the vehicle keeping it wartime ready.

In three years you can unwrap the vehicle, connect the battery and drive the vehicle away, said Wright. "Everything is like turn key. Vehicles will be fully ready for operation."

Once training is completed, one person should be able to complete one vehicle such as a High Mobility Multipurpose Vehicle in a day,

The Kumbo Corporation will process the vehicles for deep storage under a War Reserve Materiel contract for vehicle maintenance, said Wright. They have a quota of 64 vehicles to be completed by October, according to contract manager Kim, Pyong Wan.

Now that training is complete, we will monitor the number of vehicles bagged to ensure the contractors meet their fiscal year quotas," said Phillips.

According to Wright, 72 percent of the vehicles on the Korean peninsula are suppose to be wrapped by 2007 and will remain here in Korea. There are about 4,500 vehicles under WRM in the peninsula.

35th FS participates in "Buddy Wing" program

By Capt. Heather Healy 8th Fighter Wing Public Affairs

Two Republic of Korea air force pilots and five maintenance personnel from the Tactical 120th Fighter Squadron, Seosan Air Base, trained with the 35th Fighter Squadron May 28 to 30 as part of the "Buddy Wing" program.

The exchange, initiated by 7th Air Force three years ago, is just one example of how the U.S. and Republic of Korea forces work together to train and hone their combat skills.

The pilots and maintainers brought with them from Seosan AB two Block 52 F-16s and spent three full days working side-by-side with the 35th FS sharing every aspect of flying operations.

According to Capt. Andy Lipina, 35th Fighter Squadron pilot, the exchange was very beneficial to both countries.

"To bring the ROKAF unit over to Kunsan and fly with them in mixed two ships and four ships exposes them to U.S. tactics and us to their tactics," said Lipina.

During the three-day exchange, the 120th and 35th FS's interdiction mission was weather cancelled, but they were able to join forces to conduct a close air support mis-

"We did a CAS mission up near the Demilitarized Zone." said Lipinia. "They seemed really receptive and very



NEVER LEAVE YOUR WINGMAN: Capt. Tad Clark (back left) and Capt. Rich Lubey (back right), 35th Fighter Squadron pilots, and Capt. Kim, Do Woo (front left) and Maj. Kim, Suk Chong, Republic of Korea air force 120th Fighter Squadron pilots, met at the 35th Operations building to brief a joint night mission employing laser guided bombs May 29.

attentive in the brief and debrief."

Because the F-16s the ROKAF pilots fly are Block 52s, their primary missions are air-to-air and interdiction, not CAS.

This training was the first opportunity for Republic of Korea air force Maj. Kim, Suk Jong, F-16 pilot with the 120th TFS, to fly a mission with U.S. pilots.

"This was a good experience for me," said Kim. "[The training] enhanced the possibility of success in war."

Kim added there were definitely some difficulties to overcome, but this training was an opportunity to experience those things first hand.

"Our systems are very different, so this was a good experience to see how [our counterparts] work," said Kim. "One challenge was communicating when flying. When we're on the ground, it's easy to understand one another, but it's more difficult to understand when talking into a microphone."

Lipinia mentioned the ROKAF pilots were particularly interested in how the U.S. pilots briefed missions and allowed for flexibility in the air space should plans change last minute.

The end result was one of mutual understanding, which will be key in a real-world situation.

"Although this was my first time to fly with U.S. pilots, I have the confidence to fly with them," said Kim.



8TH OG CHANGES COMMAND: Col. Kurt Neubauer (right) assumes command of the 8th Operations Group in a change of command ceremony in Hanger 3 Wednesday. Neubauer comes to the Wolf Pack from the 35th Operations Group at Misawa Air Base, Japan, where he served as the deputy group commander.

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www.kunsan.af.mil/wpw

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Wolfowitz addresses Korean, East Asian security matters

By Gerry J. Gilmore American Forces Press Service

TOKYO — Any realignment of American military forces in South Korea would enhance, rather than degrade, that country's ability to deter potential threats such as those posed by North Korea, U.S. Deputy Defense Secretary Paul D. Wolfowitz said Monday in Seoul.

Wolfowitz had given a keynote luncheon speech to a group of South Korean business leaders before flying to Tokyo.

Japan is the last leg of the deputy defense secretary's trip to address East Asian security matters after stops in Singapore and South Korea.

Because of the changed nature of today's threats and the dramatic new capabilities of U.S. forces as exhibited in Afghanistan and Iraq, Wolfowitz pointed out it's time to evaluate how U.S. forces are postured around the world and the United States and how to achieve more effectiveness while maintaining deterrence capability.

Consequently, Wolfowitz said to business leaders at the luncheon, the alignment of U.S. forces in South Korea likely needs to be adjusted.

Yet, the deputy defense secretary emphasized, "We're aware that everything we do should enhance, not diminish, the credibility of our deterrent."

Wolfowitz related several "drivers" for the U.S. military posture review:

New capability for long-range, high-precision targeting systems that greatly increases warfighting prowess.

Improved military organization achieved through improved intelligence collecting and information management systems.

The integration of joint operations for improved military effectiveness.

Appreciation of the military benefits of speed during operations — the ability to move great distances



BUSINESS MEETING: U.S. Deputy Defense Secretary Paul D. Wolfowitz, left, and Soo, Young Lee, the vice chairman of the Korean Chamber of Commerce and Industry, a group of South Korean business leaders, converse in a downtown Seoul hotel Monday before the deputy defense secretary's keynote speech at the KCCI-hosted luncheon.

quickly and to use temporary basing, as required.

So far, U.S. and South Korea officials have met twice in discussing possible realignment of American troops stationed in Korea, Wolfowitz explained, noting officials will meet as often as necessary to complete the process.

Wolfowitz said he hopes U.S. and South Korean officials can reach mutual concurrence on necessary changes no later than by the end of the year, so as to begin implementing agreed changes next year.

While change "is often difficult," the deputy defense secretary noted, he pointed out that change "is also positive."

We are determined that the changes we make will enhance the quality of our alliance with the Republic of Korea, will strengthen deterrence on the Korean Peninsula and will reinforce stability in northeast Asia, more generally," Wolfowitz asserted.

The U.S.-South Korean alliance indeed "is a remarkable and unqualified success," Wolfowitz

That partnership "has stood its ground and defend-

ed this nation for half a century," he continued, "as Korea emerged from a massively destructive war and went on to prosper, both economically and political-

South Korea today has the world's 12th largest economy, Wolfowitz pointed out, "with a thriving democracy that's the envy of the world."

And, Wolfowitz said he was "extremely impressed" with the quality and confidence of South Korea's armed forces.

Korean troops, he added, have served elsewhere in the world too "to ensure peace, when and where needed." Wolfowitz cited Korean armed forces' peacekeeping contributions in East Timor and Afghanistan.

Also, Wolfowitz pointed out, "As we sit here this afternoon, Korean troops have just arrived in Iraq and are working to help build a new and free Iraq."

This action "further enhances Korea's international prestige and standing," he pointed out, noting South Koreans "should be justly proud that your armed forces have risen to the challenge."

Wolfowitz remarked to the business leaders that he'd just returned from "an excellent meeting" with South Korean President Roh Moo Hyun, whom the U.S. deputy defense secretary characterized as "an impressive man."

The deputy defense secretary said he told Roh about his June 1 visit with U.S. and South Korean troops at Camp Greaves, about one mile from the demilitarized zone.

Wolfowitz noted to Roh these "strong, smart, dedicated and disciplined" U.S. troops came to Korea "to ensure the peace."

Soo, Young Lee, vice chairman of the Korean Chamber of Commerce and Industry that hosted the luncheon, thanked Wolfowitz for coming to South Korea to offer American support in the wake of recent reports North Korea was developing nuclear weapons in violation of previous agreements.

Japanese fighters join Cooperative Cope Thunder exercise

By Master Sgt. Jon K. Scudder 3rd Wing Public Affairs

ELMENDORF AIR FORCE BASE, Alaska — Fighters from the Japanese Air Self Defense Force touched down May 27 on North American soil for the first time for an exercise as they prepare for Cooperative Cope Thunder, a Pacific Air Forces-sponsored air combat training exercise is through June 20.

Cope Thunder exercises normally are held four times a year; however, this training exercise will mark a substantial increase in Japanese participation.

The Japanese involvement is very significant in the fact that of all the foreign participants, they bring the biggest contingent of people and different missions to this exercise," said Lt. Col. David Ennis, Detachment 1, 353rd Combat Training Squadron commander, here.

More than 1,675 people will participate at Elmendorf and Eielson Air Force Bases, including approximately 980 U.S. service members and 695 service members from Thailand, Singapore, Republic of Korea, India and the North Atlantic Treaty Organization. About 275 people from the JASDF will participate.

JASDF Lt. Col. Kazuhiko Murakami, Headquarters Air Defense Command, said he is looking forward to the exercise.

"Cope Thunder will provide a very good training environment," said Murakami. "We have a very limited area [in Japan] and here we can conduct more actual training," referring to Alaska's vast 66,000 square miles of military airspace.

The Japanese are bringing three separate airframes with three different missions to Elmendorf — command and control with the E-767, airlift with three C-130s, and defensive counter air with six F-15Js — as well as a short range air defense ground unit to Eielson AFB.

He added that the experience of deploying the F-15Js, C-130s, E-767 and interacting with a U.S. Air Force tanker would be good training.

Ennis echoed the benefits of integrating the two air forces. "All of these platforms will be working hand-in-hand with counterparts from the United States in both the blue [friendly] force and the red [opposition] force roles, so they will be affecting every piece of the exercise that is significant," said Ennis.

Japan will participate together with U.S. forces in "defensive counter air" missions as a bilateral partner. Japan will not directly participate with forces of other nations, which will all be flying "offensive counter air" missions during the exercise, according to Ennis.

Some of the goals Cope Thunder participants hope to gain include sharpening air combat skills, exchanging air operations tactics, and promoting closer relations with U.S. personnel and with other participating countries.

The mock battles are taped, and during a daily debrief, technicians from the 353rd CTS point out tactics the pilots performed well, along with those that could get them killed in a real war.

"We give the participants, including the U.S., the opportunity to work together as if a coalition was set up to counter a common threat with a common military objective," said Ennis. "Any experience gained before having to be tested with real bullets flying is beneficial to all par-

He added the experience gained working with coalition partners in a training environment honing skills would be critical to a successful real-world operation, particularly the logistics involved in deploying to and operating out of a foreign base.

Although this exercise marks the first time Japanese fighters have participated, Cope Thunder has been around for sever-

They were first held in 1976 at Clark Air Base, Philippines, but moved to Alaska in 1992 when Mount Pinatubo erupted, forcing curtailment of operations at Clark.

Since then, thousands of people from all four military services, as well as the armed services from around the world, have taken part in the training to make a more formidable war-fighting force.



JAPANESE MILESTONE: Japanese Air Self Defense Force pilots and maintainers work on a F-15J fighter upon arrival for Cooperative Cope Thunder May 27. The exercise represents the first time the JASDAF has deployed fighter aircraft to any exercise outside of Japan. Cope Thunder is a Pacific Air Forcessponsored, air combat training exercise held up to four times a year.

PEOPLE

8th Fighter Wing Foreign Object **Damage Prevention** Second Quarter Awards

Golden Bolt Award

Given to individuals who find the golden bolt, a disc of foam core board with a golden bolt printed on it, during a FOD walk, or anytime during the day.

Staff Sgt. Kenneth Hutchinson, 8th Aircraft Maintenance Squadron Staff Sgt. Jeremy Ellis, 8th AMXS

Senior Airman Jason Carlton, 8th Maintenance Squadron

FOD Fighter Award

Quarterly award provided to recognize superior performance by people nominated by their supervisor in support of the FOD prevention program.

Senior Airman Brian Westburg, 8th AMXS

FOD Poster Award

Presented to the person who submits the best poster design for the quarter.

Staff Sgt. Charles Jenkins, 8th AMXS

Squadron FOD award

Traveling plaque presented for garnering the best FOD record based on FOD awards given, FOD walk performance and other FOD-program indicators.

8th AMXS

— Courtesy of 8th Maintenance Group quality assurance



THEY'RE THE BOMB: (left to right) Staff Sgt. Justin Price, Staff Sgt. Dane Bressler, and Senior Airman Ian Owens, all 8th Aircraft Maintenance Squadron weapons troops, participate in the three-man race during 'weapons fest' at Osan Air Base Saturday. During the semi-annual event, weapons troops from both bases get together for a day of camaraderie and weapons-related events. Events included a competition to see who could throw a 25-pound practice bomb the furthest, a 20mm barrel throw, and the three-man race, where troops raced while strapped to a 500-pound bomb body. Senior

Airman Clifton Berger led the Wolf Pack to victory with a first place win in the barrel throw, second place win in the practice bomb throw, and along with Master Sgt. Darren Dykes and Tech. Sgt. Roy Rainer, won the threeman race



PHOENIX READINESS REPLACED: British explosive ordnance disposal specialists participate in combat scenarios along side their American counterparts during a Readiness class. Air Mobility Command's Phoenix Readiness combat training has ended and will be replaced in October by the Air Force's expeditionary combat-support training program, Eagle Flag.

Body Ar b

Air Force leadership discourages Air Force members from tattooing, branding or piercing their body because of associated health risks and the faddish image they present; however, if members chose to undergo these practices, they must adhere to Air Force standards.

Air Force Instruction 36-2903, Dress and Appearance Standards, can be found online at www.af.mil



BEACHES OF THAILAND: Friendly nation evacuees prepare to board a Thai Royal Navy Landing Support Tank under the protection of Thai Royal Marines and U.S. Marines from "protesters" during a noncombatant evacuation operation exercise during Cobra Gold 2003, May 25. Cobra Gold is an annual exercise between Thailand, Singapore and the U.S., and this latest exercise was designed to ensure regional peace and stability, to provide humanitarian assistance, and to help Thailand respond to regional contingencies. Approximately 7,000 U.S. servicemembers from all military branches deployed to



Job: 8th Medical Support Squadron NCOIC war reserve materiel

Duties: Manage \$20 million of war reserve assets, ensuring they are properly stored and biological and chemical antidotes are maintained

Hometown: Mount Victory, Ohio **Follow-on:** Scott Air Force Base, Ill.

Hobbies: Hunting Favorite music: Country

Last good movie you saw: "Big Jake"

Best thing you've done at Kunsan: Just being assigned to this

organization.



Master Sgt. Douglas Brown

"Master Sgt. Brown has applied logistics concepts to obligate 100 percent of fiscal year 2002 WRM funds, lowering frustrated requisitions by 35 percent and increasing overall readiness by 13 percent. He also re-engineered the annual inventory process, saving 3,000 man-hours. His troops also identified more than \$295,000 of expired items, which returned more than \$70,000 to the WRM budget in credit returns. His knowledge of WRM and peninsula assets provided a free iso-shelter from Osan to house a state-of-the-art biological warfare lab, only the second of its kind on the peninsula.'

> Col. Dale Tidaback 8th Medical Group commander

By Capt. Heather Healy 8th Fighter Wing Public Affairs

Tave you ever seen the show "Trading Spaces?" If so, you are probably very familiar with the female carpenter Amy Wynn Pastor. She can fling a hammer and turn plywood into art. She is one handy lady, and if I had to describe the one individual I am most like on that show - it would not be her.

I am a girl's girl. I can apply lipstick like a champ and form perfect eyebrow arches with a pair of tweezers, but I am not someone inclined to perform a "selfhelp project" in my dorm room or anywhere else for that matter.

One thing I do have going for me though is the fact that I like a challenge. So against my initial inclinations, I decided I would put a faux wood floor in the kitchen of my dorm room.

Why? Because it looks pretty. I can't completely get rid of the girl in me.

The first thing I had to do was get permission from my dormitory manager,

Tech. Sgt. Mitchell Johnson, to do this project. He signed my work order request, an Air Force Form 332, which I printed from the Air Force Forms and Publications Internet site [www.af.mil].

Once the form was signed, I took it to Tech. Sgt. Christopher Garlitos, the 8th Civil Engineer Squadron's self-help store NCOIC, who gave me a brief run down on the supplies I would use to create my new floor: two boxes of faux wood floor panels, a container of adhesive, an X-Acto knife and a trowel.

The first step in the project was the easiest. I needed to clean my floor. A good sweep and mop down is exactly what the floor needs to be ready for the faux wood. No one told me I needed to do this, but it only makes sense. Plus, you're going to be getting very up close and personal with your floor. You're going to want it to be clean.

☐ Mistake #1: Garlitos told me to stagger the wood panels and not lay them directly next to each other. I understood this concept, but got a little overzealous in my execution. Instead of staggering

every other faux wood panel, I created a stair step design across my entire floor. I could have made it a lot easier on myself by sticking to a simpler pattern -but where's the fun in that, right?

☐ Mistake #2: Another mistake I made was laying the faux wood panels horizontal to my

oven/refrigerator/kitchen sink area. Had I laid them vertically, the "uneven" parts would have been neatly hidden under the bottom of the refrigerator or stove. The "uneven" areas of my floor are out in the open where everyone can see.

☐ Mistake #3: At least I mastered the adhesive application — or maybe not. A thin layer of adhesive should be applied over an area before lying down the faux wood. I thought I was applying a thin layer, but I ran out of adhesive before the project was completely done. Oops.

I did learn one handy trick in my adhesive trials, however. I kept a wet rag around to wipe the excess adhesive that seeped up between the faux wood panels when they were pushed up next to each other. I know that is probably very obvi-



ous to some of you, but I like to think of it as my own little discovery. Let me think that please.

☐ Mistake #4: I had been given the advice to retrieve a rubber mallet from the self-help store along with my other supplies. Once I got to the store, however. I decided that I did not need a rubber mallet otherwise they'd give me one as part of my "faux floor package" right?

The rubber mallet would have eliminated a lot of the tiny spaces I could not get rid of by pushing the slats together with my hands. The rubber mallet would have helped me create a more polished look overall. Hindsight - it's a beautiful

thing.

The floor took me the better part of an though I entire duty day to finish, and though I got a lot of things wrong, I think the floor looks nice. It definitely looks better than what was there before, and if I can do it, anyone can.

For more information about products and services available at the 8th CES self-help store, call 782-4573.

> Left: Staff Sqt. Kimberly Craven 8th CES, shows Healy a brochure about the floor

Below: Tech. Sgt. Christopher Garlitos, 8th CES, shows Healy how to stagger the wood panels.



Healy applies adhesive to a trowel, which is used to apply a thin layer of adhesive to the floor before laying the wood panels







Panels are cut using an X-Acto knife from the self-help store.



A thin layer of adhesive is applied to the floor's surface before laying the wood panels. Everything needed to do the faux wood floor project, including adhesive, panels, the trowel and an X-Acto knife, is free from the 8th CES' self-help store.



Healy crowns her new faux wood floor with a throw rug. The entire project took about one day to complete



Capt. Heather Healy, 8th Fighter Wing public affairs, takes an Air Force Form 332 to her dormitory manager, Tech. Sgt. Mitchell Johnson, for approval. This is the first step for people interested in doing the faux wood floor project.



Supplies for home improvement projects are available at the 8th Civil Enginee Squadron's self-help store, located in building 782.



AT EASE



Today

Free food The Loring Club offers club members barbecue chicken 6 to 9 p.m. in the ballroom. For more information, call 782-4312 or 782-4575.

Howlin' bowl The Yellow Sea Bowling Center offers Howlin' bowl from 7 p.m. to 1 a.m. For more information, call 782-

SonLight Inn The 8th Mission Support Squadron hosts a free meal at 6 p.m. The meal includes Hawaiian baked chicken, rice, peas, rolls and cake for dessert. For more information, call 782-4300.

Smorgasbord buffet The Loring Club hosts a super smorgasbord 11 a.m. to 1 n m

Karaoke Display your talent or cheer on others 8 p.m. to midnight at the Falcon Community Center.

Saturday

Latin night Club members experience Latin music and dance heating up the night in the Loring Club's ballroom 9 p.m. to 2 a.m.

Nine-pin tournament The Yellow Sea Bowling Center hosts a nine-pin bowling tournament starting at 6:30 p.m. The entry fee is \$13. For more information, call 782-4608.

E-Mart trip The Falcon Community Center hosts a shopping tour to E-Mart in Kunsan City. Busses depart the base at 10 a.m., noon, 2 and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2.

For more information, call 782-4619.

Wolf Pack Wheels Departs Kunsan for Osan AB at 7:30 and 10 a.m. The bus returns to base at 5 and 6 p.m. Tickets are \$10/\$9 one way and \$20/\$18 round trip.

Sunday

Brunch Extravaganza The Loring Club offers entrees and side dishes for Sunday brunch from 10:30 a.m. to 1 p.m. Price is \$11.95 per person for club members.

Dart tournament The Loring Club sponsors a dart tournament at 7 p.m.

Red pin bowling The Yellow Sea Bowling Center offers red pin bowling all day. Get a strike when the head pin is red and win a free game.

Chicken Wings The Loring Club offers \$.10 wings from 6 to 8 p.m.

B-I-N-G-O The Loring Club has bingo at 2 p.m. For more information, call 782-4575 or

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m. and noon. The bus returns to base at 5 and 6 p.m. Tickets are \$10/\$9 one way and \$20/\$18 round trip.

E-Mart trip The Falcon Community Center hosts a shopping tour to E-Mart in Kunsan City. The busses depart the base at 10 a.m., noon, 2 and 4 p.m. Busses return to base at 1, 3 and 6:30 p.m. The cost is \$2.

Monday

Mexican buffet The Loring Club has a Mexican buffet 11 a.m. to 1 p.m. The cost is \$5.85 for club members and \$6.85 for nonmembers.

Nifty fifty bowling The Yellow Sea Bowling Center has nifty fifty bowling from 11 a.m. to 11 p.m. Fifty cents will buy a hot dog, soft drink, shoes and one game. For more information, call 782-4608.

Pool tournament The Loring Club offers a 9-Ball pool tournament at 7 p.m.

Double feature The Falcon Community Center hosts a double feature movie madness at 6 p.m. For more information, call 782-4619 or 782-4110.

Wolf Pack Wheels Departs Kunsan for Osan at 7:30 a.m. The bus returns to base at 5 p.m. Tickets are \$10 one way and \$20.

Assisted living home visit

Volunteers visit, play games with the residents, and do light cleaning (mopping, sweeping)

Bus leaves Loring Club at 12:50 p.m. June 14

RSVP Rosemary Song at 782-5194 by Wednesday

Tuesday

Sumo wrestling The Loring Club hosts sumo wrestling. For more information, call 782-4575 or 782-4312.

Spades tournament The Falcon Community Center hosts a spades tournament at 7 p.m. The winner receives a phone card.

Oriental buffet The Loring Club has an Oriental buffet 11 a.m. to 1 p.m. The cost is \$5.85 for club members and \$6.85 for non-members.

Wolf Pack Wheels Departs Kunsan for Yongsan at 7:30 a.m. The bus returns to base at 3 p.m. Tickets are \$15 one way and \$30 round trip.

Wednesday

Free food The Loring Club offers club members a taco bar 6 to 9 p.m. in the ballroom.

Texas barbecue The Loring Club has a Texas-style barbecue buffet 11 a.m. to 1 p.m.

8-Ball pool tourney The Loring Club hosts an 8-Ball tournament at 7 p.m.

8-Ball pool tourney The Falcon Community Center hosts an 8-Ball tournament at 7 p.m. The winner receives a phone card.

Thursday

Two-for-one steak night The Loring Club offers two-for-one steak 5:30 to 8:30 p.m. For more information, call 782-4575 or 782-4312.

Dart tournament The Falcon Community Center hosts a 301 dart tournament at 7 p.m. The winner receives a phone card.

Ladies' night The Yellow Sea Bowling Center hosts ladies' night where ladies bowl free all night.

Country night The Loring Club has a country night with a disc jockey. For more information, call 782-4575 or 782-4312

Everland tour The community center offers a trip to Everland Park, an amusement park complex that includes a botanical garden and zoo. The tour also includes a trip to the Hoam Art Gallery, featuring more than 5,000 works of art. Cost is \$20, \$16 for airmen. Bus departs 7 a.m. June 14. Deadline to sign-up is today.

Bamboo Market and Paegyang-Sa Temple tour The community center offers a tour to Korea's only marketplace with handmade bamboo products. Price is \$20, \$16 for airmen. Bus departs 8 a.m. June 15. Deadline to sign-up is today.

Submit your events for 7-Days by sending an e-mail to wolfpackwarrior@kunsan.af.mil.

MOVIES

Saturday

"X2" (PG-13) 7 and 9:30 p.m.

Sunday

"Chicago" (PG-13) Starring Renee Zellweger and Catherine Zeta-Jones. 7 and 8:30 p.m.

Tuesday

"Chicago" (PG-13) 8 p.m.

Wednesday

"A Man Apart" (R) Starring Vin Diesel and Larenz Tate. 8 p.m.

Thursday

"A Man Apart" (R) 8 p.m.

The theater is now closed Mondays. For more information, call 782-SHOW.



Tonight

"X2" (PG-13) Starring Patrick Stewart and Hugh Jackman. 7 and 9:30 p.m.

FISHING TRIP TO THE YELLOW SEO

The Falcon Community Center sponsors a fishing trip to the Yellow Sea Saturday departing the center at 6 a.m.

Korean Folk Village Tour

The Falcon Community Center hosts a tour to a Korean folk village from 7 a.m. to 8 p.m. June 21. The deadline for registration is June 19. The cost is \$20 and \$16 for E-4 and below. For more information, call 782-4679 or 782-5213.

BULLETINS

Education

CLEP/DANTES The education office offers CLEP/DANTES testing 8 a.m. Mondays and Fridays, and 8 a.m. and 1 p.m. Wednesdays. Call 782-5148 for an appointment. The Rosenblum Library offers a variety of CLEP and DANTES study material for loan. The library is open 9:30 a.m. to 9:30 p.m. daily.

Troop-to-Teachers Troops-to-Teachers provides referral assistance and placement services to military personnel interested in beginning a second career in public education as a teacher. The DANTES Troop-to-Teachers office helps applicants identify teacher certification requirements, programs leading to certification and employment opportunities. The office's new Web site is www.jobs2teach.doded.mil.

Note from the Wolf The education center is in need of teachers. Many enlisted personnel are trying to go to school here but often run into road blocks when it comes to course availability. This is often due to a lack of teachers. Without the luxury of many college professors here, we must rely on our officer and enlisted corps to carry the load. If anyone is interested in teaching, call the University of Maryland at 782-4758 and Central Texas College at 782-5152.

CDC testing Career Development Course testing is 9 a.m. Thursdays in building 1053, room 3. Unit training managers must make appointments for testing.

FSC

TAP Workshop The family support center hosts a transition assistance program class 8 a.m. to 4 p.m. June 24 to 26. Topics include: job search, resume writing, interview techniques, career exploration, legal affairs, medical insurance, Veterans Affairs benefits, relocation decisions, etc. For more information, call 782-5644.

Sponsorship Training The family support center gives sponsors the tools to help make new members' transition to Kunsan an easy one. Training is 10 to 11 a.m. every third Wednesday at the Sonlight Inn. Registration required, call 782-5644.

Return and reunion The family support center hosts a return and reunion briefing 3:30 p.m. Tuesdays at the base theater. The briefing addresses the challenges of returning home after a separa-

Smooth Move A briefing to answer questions about permanent-change-of-sta-

tion moves is 1 to 2:30 p.m. the second Wednesday of the month at the SonLight Inn. Legal, finance, housing, and medical experts provide information. Registration required, call 782-5644.

Volunteer Opportunities

SonLight Inn The SonLight Inn needs units to volunteer for the Friday meals. The chapel is looking for units to volunteer through Aug. 29. If interested or for more information, call Airman 1st Class Jessica Duplantis at 782-4300.

CISM peer counselors The life skills support clinic seeks volunteers interested in becoming critical incident stress management counselors. Counselors receive training. For more information, call Capt. Robert Vanecek at

Korean orphanage Volunteers are needed to help at the local Kae Chong Orphanage on a weekly basis. Kunsan people spend time with 40 children on Thursday nights. There is an English lesson and snack time that lasts for two hours. For more information, call Staff Sgt. Lynetta Williams or Staff Sgt. Jesse Hernandez at 782-4035.

Commissary bagging Base members can volunteer to sack groceries 1:30 to 6:30 p.m. weekends for tips. Sign up at the commissary.

Chapel

Protestant services General Protestant Worship Service is 11 a.m. Sundays and the Contemporary Praise and Worship Service/Bible study is 7 p.m. Wednesdays. Both services are conducted in the chapel. For information about any chapel services, call 782-4300.

Gospel Gospel services are 12:30 p.m. Sundays and the Inspirational Praise and Worship Service is 7:30 p.m. Fridays at the chapel.

Latter-day Saint Services are 3 p.m. Sundays at the chapel.

Church of Christ Services are 9:30 a.m. Sundays at the SonLight Inn, room

Catholic services Mass is 5:30 p.m. Saturdays, 9 a.m. Sundays and 11:30 a.m. Monday through Thursday at the chapel. Catholic Reconciliation is by appointment Monday through Thursday and 4:30 to 5 p.m. Saturdays. R.C.I.A. is 7 p.m. Wednesdays in the chapel conference room. An "Overview of the Scriptures" is 7 p.m. Thursdays



ASIAN PACIFIC AMERICAN FEAST: 2nd Lt. Edward Lopez, 8th Fighter Wing Comptroller Flight, volunteered to serve food during the Asian-Pacific American Heritage Committee's luau Saturday. Traditional Filipino and Hawaiian dishes such as lechon pig, lumpia and pancit were served. The luau also included traditional dances from Korean elementary students, a live band and a martial arts demonstration.

in the chapel conference room.

SonLight Inn hours The SonLight Inn is open 6 a.m. to 10 p.m. Monday through Thursday, 6 p.m. to midnight Saturday and 8 a.m. to 10 p.m. Sunday every week. For more information, call 782-5466.

Prayer & Bible studies The chapel hosts several prayer and Bible study groups at the chapel and Sonlight Inn. Groups

☐ Adult Sunday School, 9:30 a.m. Sundays, SLI, room 3.

☐ Basic Christian Training, 9:30 a.m. Sundays at the SLI, room 3

☐ Korean-American Bible Study, 7:30 p.m. Mondays at the SLI, room 1. ☐ Women's Fellowship, 7 p.m. Tuesdays and every third Thursday at the SLI, room

☐ Mid-Week Spiritual Boost, 12:15 p.m. Wednesdays at the chapel.

☐ Intercessory Prayer, 8:30 p.m. Saturdays at the SLI, room 2.

Miscellaneous

Changes of command The 8th Operations Support Squadron change of command is today at 9 a.m. in Hangar 3.

The 8th Medical Group change of command is Tuesday at 9 a.m in Hanger 3.

The 8th Security Forces Squadron change of command is Wednesday at 9 a.m. in the law enforcement desk building.

The 8th Comptroller Flight change of command is June 13 at 11 a.m. at the Loring

The 35th Fighter Squadron change of command is June 20 at 9 a.m. in Hanger 3.

The 8th Service Squadron change of command is June 23 at 9 a.m. in the Loring Club

Submit your events for Bulletins by sending an email to wolfpackwarrior@kunsan.af.mil.

FREE CLASSIFIEDS

To submit an item for Free Classifieds, send an e-mail to wolfpackwarrior@kunsan.af.mil with "classifieds" and the category (Wanted, For Sale or Lost & Found) in the subject block. All submissions must contain member's rank, name and phone number and must originate from the member's e-mail account. No "personal" ads will be accepted. Deadline for submissions is noon Friday a week prior to desired printing. For more information, call 782-4705.

Free

For Sale

Free fish I'm PCSing soon and need to find a home for my fish. All you need to do is provide a tank. I don't want to have to flush them. For more information, call Staff Sgt. Sara Wells at 782-5770 (work) or 782-9809 (home).

Motherboard 500 Mhz P3, comes with 384 MB RAM, Voodoo 3 video card and AWE 64 soundcard. The first reasonable offer gets it. For more information, call Staff Sgt. Chesley VanSickle at 782-8793.

Monthly Birthday Meal

The O'Malley Inn Dining Facility offers a special birthday meal Sunday at 6:15 p.m. for base members who's birthday are in June. The final day for registration is today. For more information, call Senior Airman Serpeca Russell at 782-5538.

Airmen's Action Council

The Airmen's Action Council meets 3 p.m. the last Tuesday of the month in the Loring Club Officers' Lounge. All airmen, E-1 to E-4, are invited to attend. For more information, call Senior Airman Catherine Hagin at 782-7383.

Wood Hobby Shop

☐ Tools available ☐ Qualified Instructors

Located in Skills **Development Center** (building 517)

Monday to Thursday 5 to 9 p.m.

Saturday and Sunday 10 a.m. to 6 p.m.

For more information, call 782-4938



Sports



Event Tug of War





Results

comptroller flight



May Fitness Month concluded Saturday with a day of sports action. Clockwise beginning top left: Wolf Pack members gathered for a 5K run. Stacey Sehill, a Wolf Pack family member, takes part in sand volleyball, held at the 8th Civil Engineer Squadron's lounge. Jacob Murphey, a midfielder for Kunsan's soccer team, dribbles past a player from a team from Osan Air Base. The teams tied in their first match 1-1, and Kunsan took the second game 1-0. Wolf Pack members participate in the aeroba-thon, which included two hours of aerobics and three hours of stationary bike spinning. After taking the tug-of-war victory by default, members of the 8th Fighter Wing Comptroller Flight play a match amongst themselves for fun.

Scorecard

3-on-3 Basketball	comptroller flight
Soccer	Game 1: 1-1 tie Game 2: 1-0 Kunsan
5K Run	Stephen Vreeke - 16:59
Racquetball	1st Place: Jeff Crouch
Volleyball	Top Teams

Courtesy of fitness center

Mike McKinney

Joe Seuili

Them: Larry LeBlanc

Sanddogs: Steve Farber

SPORTS SHORTS

The fitness center hosts a 5K run/walk beginning at 9 a.m. June 21. Sign-up in advance at the fitness center or call 782-4026

Triathlon scheduled

The fitness center hosts a triathlon beginning at 9 a.m. June 28. Events include a 10K run, 10K bike race and 1,000 meter swim. Participants need to have their own bike. Sign-up at the fitness center

Summer bowling leagues

Sign-ups are going on now at the bowling center for summer mixed league bowling. The summer league is for bowlers of all skill levels. League starts the second week of June. For more information, call 782-

USAF Marathon registration

Registration is underway for the 2003 U.S. Air Force Marathon scheduled for Sept. 20. Reduced fees for early registration are available until June 30. Registration deadline is Sept. 4. To register, visit the marathon Web site at http://afmarathon.wpafb. *af.mil*/, or call the marathon office at (937) 257-4350 or (800) 467-1823.



The Wood Brothers Racing Team executes a fast pit stop on the Air Force Centennial race car during the running of the Coca-Cola 600 at Lowe's Motor Speedway May 25. The Centennial of flight paint scheme was in honor of 100 years of powered

Bowling lessons

Every Monday night, Yellow Sea Bowling Center offers reduced price and bowling assistance from an experienced bowler at noon, 2, 6:30 and 8:30 p.m. Price is \$1 per game.

PACAF - Fit to Fight

Martial Arts Classes

Budo Taijutsu/Ninjutsu

Noon Saturday and Sunday - FREE

8 to 9 p.m. Monday to Thursday

Kuk Sool Hapkido 7 a.m. and 7 p.m. Monday to Friday

Tang Soo Do

p.m. Monday to Friday

Aerobics Classes

11:30 a.m. - Shaping and toning 5:45 p.m. - Abs 6 p.m. - Step Challenge

Tuesday

6:30 a.m. - Shaping and toning 11:30 a.m. - Shaping and toning

Wednesday

5:30 p.m. - Abs 6 p.m. - Cardio kick boxing

Thursday

6:30 a.m. - Shaping and toning 11:30 a.m. - Shaping and toning

11:30 a.m. - Shaping and toning

Scores & More

American League		
	\mathbf{w}	L
LRS A	2	0
MDG A	2	0
AMMO	1	0
MXO	1	0
SFS A	1	0
F-BTRY	1	1
MXS	1	1
CES B	1	1
SVS	1	1
AMXS B	1	1
SFS B	0	1
COMM B	0	2
MDG B	0	2

National League				
	\mathbf{W}	L		
COMM A	1	0		
CES A	1	0		
AMXS A	1	0		
OG	1	0		
Armament	0	1		
Fab Flt	0	1		
E-BTRY	0	1		
Avionics	0	1		
LRS B	0	0		
AGE	0	0		
Soldiers	0	0		
Kwang Ju	0	0		

Spin classes

Spin classes are now held in building 1907, the softball scorer's box. Class hours are:

Today Noon and 5 p.m. Monday Noon and 5 p.m. Tuesday 5:30 a.m. and Noon Wednesday Noon and 5 p.m. Thursday 5:30 a.m. and Noon



Golf course

The West Wing Golf Course offers many services including golf club rental, pull cart rental, handicapping services, intramural golf, golf lessons and club fittings. People desiring to complete in tournaments are required to have a handicap. Handicaps can be established by turning in scorecards to the pro shop with name and date estimated return from overseas. Establishing a handicap is free.



Photo by Senior Airman David Miller

SLUGGER: Gregory Frie, 8th Logistics Readiness Squadron, contributes to his team's offensive onslaught against the 8th Services Squadron Monday. LRS ran away with the game 24-2.

LRS pounds SVS 24-2

By Staff Sgt. Chuck Walker 8th Communications Squadron

To say the 8th Logistics Readiness Squadron intramural softball team is rolling right now would be an understatement.

LRS demolished the 8th Services Squadron Monday, pounding out 21 first-inning runs on its way to a 24-2 whipping.

Aaron Smith went 3-for-3 with a home run, a double, three runs scored and four RBIs and Marc Kaddatz went 3-for-3 with a triple, a double and four RBIs to lead LRS offensively.

LRS coach William Hawk was pleased not only with his team's effort, but the offensive output.

"The bats, they were all there,"
Hawk said. "Our offense was good enough where we were able to sub a lot of people in. It was just a great, allaround, team effort. We just need to keep the momentum.

"If we keep the momentum going we should be fine," he added.

Smith said he felt practice paid off for the team.

"We had practice [Sunday], about five to six innings, and that worked for us," Smith said. "We were able to jump on them and get the offense going early. Our hitting came around, and we got our bats working."

LRS put this game away early.

To demonstrate how dominate LRS' performance was, consider that every-

"Services is out here for fun ... but when you're losing by 20 runs in the first inning, that is not a lot of fun."

— **John Austin** 8th Services Squadron coach

one in the starting lineup scored at least one run in the first inning, with one player Marc Cubeta, going 2-for-2 and scoring three runs, including a basesclearing double to amass four RBIs in one inning.

When the carnage was finally over LRS had a 21-0 lead.

Cubeta, who finished 2-for-3 with five RBIs, said the win was good but LRS shouldn't think too much of it.

"A lot of what happened was the other team, not us," Cubeta said. "They walked a lot of batters and a lot of it was missing the ball on defense. So a lot of those runs were probably unearned. But, there were some where we made solid contact on the ball. I think our practice is paying off.

"I just hope we don't get too cocky or arrogant and just remember to win as a team," he added.

When your team gives up 21 first inning runs there is not much to say.
Services coach John Austin did try to

offer some optimism for his team.
"Services is out here for fun," Austin said. "But when you're losing by 20

runs in the first inning, that is not a lot of fun. We're one of the smaller squadrons, so we'll just do what we can do. We don't have a pitcher, that is our main problem and we haven't had many practices. We'll be alright."

Cubeta said the key for LRS the rest of this season is just maintain focus on what's important.

"We need to take practices seriously and just hit the ball," Cubeta said. "Pat the guy on the back who makes a mistake and just be a total T-E-A-M. We've got some good base hitters, but we can't make three to four errors a game and expect to win every game.

It's fun to joke when you're up 20 runs. But if this would've been a close, evenly-matched ball game, we'd be pretty upset," he added.

Hawk said he knows his team can get the job done.

"I feel confident that I can have anyone in the game at any given time and he can get the job done," Hawk said. "They are all a good bunch of ball players. And I feel confident in everyone of them."

Health Fair - 10 a.m. to 2 p.m. Saturday at the base exchange

Cholesterol, diabetes, and blood pressure checks available Women's and men's health, fitness, nutrition, and dental information

HAND TO HAND

Army Foxtrot soldiers practice lethal survival tactics



Army Staff Sgt. Kevin Earl (right), 1-43rd ADA, demonstrates the ability to incapacitate or kill an opponent along with Army Spc. Matthew Authement. An opponent has many weaknesses in the face, such as the upper teeth, eyeballs, nose and ear drums.



Army Staff Sgt. James Robin, 1-43rd ADA, demonstrates some simple procedures for keeping an opponent from getting up.



Army Pfc. William Frecker, 1-43rd Air Defense Artillery foxtrot battery, practices a 'neck toss' maneuver on Army Staff Sgt. Jeffrey Perkins, 1-43rd ADA. Hand to hand combat is just one of a variety of basic soldier-skills training scenarios soldiers practice each week.



Army Staff Sgt. Kevin Earl, 1-43rd ADA, demonstrates more techniques for incapacitating an opponent by gouging their eyeballs.





Above: Army Staff Sgt. Kevin Earl, 1-34rd ADA, demonstrates the shoulder toss, one of three tosses the soldiers learned, on Army Pfc. William Frecker, 1-43rd ADA. Soldiers also worked on the neck toss and the hip toss.

Left: Army Pvt. Reuben Ruster (left), 1-43rd ADA, spares with Army Staff Sgt. Kevin Earl, 1-43rd ADA.